



Philosophical Ponderings of a Farmer

Balance (c) 2019

Now that things are starting to slow down, I've had a bit more time to ponder how to create balance in my life. While this season is definitely an improvement over last year, I still struggle with finding balance during my busiest few months (July through September). In order for my operation to be personally sustainable for the long haul, I will need to further refine things next year. So I am currently asking myself:

- How can I balance personal sustainability with operating a farm?
- How do I prevent my farm from taking over ALL aspects of my life?
- How do I maintain who I am outside of my farm?
- Can I have hobbies outside of farming and actually have time to pursue them?
- How do I maintain a relationship with a non-farming partner?

I know farming is hard and time consuming, but I also believe that there is a way to make it work. I don't have all the answers yet (and probably never will), but I do plan to ponder these questions and more throughout the winter and will hopefully have at least a few ideas to help me bring even more balance to my life next season!